

“The Future Of Rotary Is In Your Hands”

FROM WHERE I SIT; THE MONTH IN REVIEW



D.G. PAUL REID

R.I. PRESIDENT JOHN KENNY

9690 DISTRICT NEWS

As we are hopefully aware November is Foundation Month a time when we as Rotarians reflect on The Rotary Foundation.

So, just what is The Rotary Foundation or as I personally like to refer to it as OUR Rotary Foundation.

The Foundation is a not-for-profit corporation supported solely by voluntary contributions from Rotarians and friends of the Foundation who share its vision of a better world. And, is this not all of us.

The mission of The Rotary Foundation is to enable Rotarians to advance world understanding goodwill and peace through the improvement of health, the support of education and the alleviation of poverty.

If you like, Our Rotary Foundation is the money box that allows us as Rotarians to carry out those great Educational and Humanitarian programs.

As R.I. President John Kenny said in the latest issue of Rotary Down Under “ There is no shortage in this world of people who imagine a better future. But in Rotary, we do not just imagine the future, we will it, and we create it. This we do through our two great strengths our Rotary Clubs and OUR Rotary Foundation.”

We in District 9690 have over past years actively supported our Rotary Foundation primarily through the recognition of the contribution to our community by way of Paul Harris Fellows to members of our clubs and the wider community.

However, there are other ways that Rotarians and Friends of Rotary can contribute to Our Rotary Foundation.

These include:

1. The Centurion Program where you donate \$100 per annum.
2. Sustaining Member donating US\$100 annually.
3. You may become a Bene-factor by making the Permanent Fund a beneficiary in your estate plans or by donating \$1,000 or more to the fund outright.
4. Couples or individuals who have made commitments of \$10,000 or more in their estate plans, such as in a will.

These are just some of the ways that you may donate to Our Rotary Foundation, however such donations are not limited to Rotarians, other individuals or Companies may and often do donate to The Foundation.

But why should we continue to support Our Rotary Foundation.

Whist many of the activities of the Foundation are based overseas we in District 9690 have also directly benefited from Our Foundation.

Whether it be through District Simplified Grants where is recent years we have had Literacy Kits for disadvantaged children, Disability access for a local Pre-School, Young Carer’s assistance programs.

We have also had the opportunity to assist two Ambassadorial Scholars and two Peace Scholars.

And on a wider and more personal side for our children and grandchildren the threat of Polio is now almost non existent. Yes we all benefit and our world is a much better place.

Like me, you are no doubt extremely proud of the work that Our Rotary Foundation does throughout the world but we must not ever forget to recognize that as The Future of Rotary is in Your Hands so is the future of Our Foundation in your hands.

Congratulations

I am pleased to announce that on behalf of District 9690 I have had the great pleasure of presenting Sapphire Pins to Phil & Nerrie Lacey, John Totonjian of Roman Printing and Michael Brown of David brown graphics for their support of the District over many years.

Paul



Phil and Nerrie Lacey, after receiving their PHF Sapphire pins.

The View From the Other Side

Another month past and it has been our pleasure to attend, many delightful functions around the District. One I must mention, The Family of Rotary Pantomime a most enjoyable afternoon and the Reid grandchildren recommend it for you diary next year.

Christmas is almost upon us and at the December Presidents meeting I will be advertising my Conference Sock Tree for the School of St Jude, Gemma Sisia is one of our conference presenters and the school always needs socks for the children.

I look forward to seeing many of you on December four.

Take care

Julia

District Conference

Planning is well underway for our Conference to be held in Forster NSW on 19-21 March 2010.

Your Conference committee is working hard to ensure that this will be a time to remember and DG Paul is proud to announce that he has secured an Elephant which will cause little or no damage to the Auditorium. The sawdust is no longer required.

A reminder to all, early bird registrations close on 30 November 2009. So to save yourselves \$25 each on registration costs and give you a chance to get your registration costs refunded don't miss the deadline.

The draw for registration refund will be held at the December Presidents meeting..



Rotaract News

Well, the last couple of months have been quite busy for Rotaractors from our district and the next couple of months are shaping up to be just as busy.

Burwood Rotaract, in combination with Burwood Rotary, are preparing for another PRISCA (Primary Schools Citizenship Awards) night. This event recognises outstanding Primary School students from local schools in the Burwood area. Burwood are also getting actively involved with Burwood Council in helping to organise events for International Women's Day. This is great to see, as advertising for the event has included Burwood Rotaract Club's logo, a great way to help raise awareness about Rotaract in the local area.

Members from Gunargarang Rotaract continue to raise money for their upcoming trip to Sri Lanka in January to build a library and teach English at an orphanage, so look out for them when they visit your Rotary Club. November will see the return of the club's annual Training Day, please ask a club member for further details. Club members will also be providing face painting at Central Blue Mountains Rotary Club's Carols by Candlelight and will be selling glow sticks at Penrith Valley Rotary Club's Carols by Candlelight.

Wetherill Park Rotary Club and Blacktown City Rotary Club are looking at pooling their resources to form a Rotaract Club in the area. Prospective Rotaractors are already being kept busy as they prepare to assist at Wetherill Park Rotary Club's Carol by Candlelight in early December and are working together with a local shopping centre and community centre to run a gift donation Christmas Tree in the local shopping centre.

The District's Rotaract Clubs are working well together with plans in the New Year to go White-water Rafting with the exchange students in February and to participate in Clean up Australia Day in the Parramatta area in March. It is great to see our Rotaract Club's doing so well and I look forward to continuing to work with them and with our District's Rotary Clubs to keep Rotaract strong in our District. Don't forget to check out the Rotaract District Newsletter, available on the District 9690 website.

Alana Wilson

D9690 District Rotaract Representative 2009-10



LOCAL ROTARIANS HOST RUSSIAN DELEGATES

The Rotary club of Upper Blue Mountains Sunrise Rotary Club recently hosted six delegates from Moscow who were here under a Rotary Friendship visit to Australia. The team comprised members with a wide range of backgrounds including an educationalist, a musician, a lawyer, and a finance lecturer. They are in Australia for a month.

While in the Blue Mountains they experienced a typical Australian barbeque, visits to the Three Sisters and Scenic world as well as Govetts Leap and the National parks headquarters. They also attended Katoomba Rotary and Upper Blue Mountains Rotary meetings. Olga Egorova, the leader of the delegation thanked Rotary for their hospitality and the opportunity provided by Rotary for members of the dele-

gation to experience life in Australia, its culture and scenic beauty.

President David Hart in welcoming the delegation emphasised the importance of such visits to improve each other's understanding of our respective cultures. "We have much more in common than we have differences" David said.



ROTARIANS SUPPORT KIDS WITH CANCER

The Rotary Club of Upper Blue Mountains Sunrise recently spent a weekend recently supporting kids with cancer through Camp Quality. Camp Quality has a wonderful motto of "Laughter is the Best Medicine". Saturday was about Rotary providing a fun day for the children with a visit to Scenic World and the freedom to run around 6 acres of formal gardens at Bullaburra.

Sunday was a fundraiser lunch for Camp Quality and in particular to support a children's therapist at Westmead Hospital. President David Hart said, "Thanks to the generosity of local and Sydney businesses and individuals, and those attending the lunch, over \$20,000 was raised for Camp Quality".

**ROTARY GROUP STUDY EXCHANGE TEAM
D7820-D9690**

Late news has come to hand on the team members. The team members are;

Team Leader – Bill Kendrick, Rotary Club of Summerside. A member of Rotary since 1994, Bill is a PHF and has served in most Club positions including President. After a 25 year career as a broadcast journalist, he and his wife Mary now operate two tourism businesses – Briarcliffe Inn and Experience PEI on Prince Edward Island



Nicole Symonds-White, Sponsor: Rotary Club of Halifax Northwest. Nicole is a biology, physics & math teacher in the International Baccalaureate Program at Halifax West High School. She is also staff liaison with the school's Rotary Interact Club.



Amy Savoury – Sponsor: Rotary Club of New Minas Sunrise. Amy is an instructor in the Tourism Management program at the Nova Scotia Community College in Dartmouth. As a certified Sommelier, she worked for many years with Domaine de Grand Pré winery before becoming a wine educator.



Adam Anderson – Sponsor: Rotary Club of Corner Brook. Adam is a partner in Anderson & Yates Forest Consultants in Corner Brook, Newfoundland & Labrador. As a young professional in the forest industry he is constantly looking for ways to grow and expand his knowledge in order to better serve his clients.



Cora Lee Dunbar – Sponsor: Rotary Club of Summerside. Cora Lee is the owner/manager of ABI Business Services in Summerside, Prince Edward Island. Her company provides over 700 clients with accounting, bookkeeping, income tax preparation, financial statements, consulting, business plans and temporary office help.



The dates of the inbound team are February 25 to April 1 2010. More news will be forthcoming over the next few weeks

(I'm sorry that the picture quality isn't good but for some reason they were the best that I could download. Ed.)



Christmas Presidents meeting

Our third Presidents' meeting for 2009/10 will be held

Friday, 4th December, 2009 at Penrith Panthers

Time: 6.30pm for 7pm start.

Cost: \$25 per person

This will be our Christmas meeting and I extend an invitation to your Partners to also attend the meeting.



You will receive a notice of Special Resolutions to be discussed at this meeting, reaffirming the decision made on 28th May, 2009, to accept the resolutions re Incorporation of our District.

Obesity & Mentally Ill Adolescents

Introducing Professor Valsamma Eapen University of NSW

Obesity, the 6th major risk factor for the world's burden of disease, is associated with a range of metabolic disorders that start early in life. Young mentally ill people are particularly vulnerable to weight gain and metabolic changes. Patients with severe mental illness tend to have elevated rates of obesity, cardiovascular disease and diabetes.



Professor Eapen's study, for teen patients on antipsychotic medication in three adolescent inpatient units in the Sydney South West Area Health Service, is evaluating:

- a health promotion and preventive lifestyle intervention program
- the impact of the program on weight gain and metabolic changes
- overall improvement
- treatment adherence and quality of life



Movie Night

Mount Druitt and St Mary's Rotary club invite you to our annual fund raising event at Glenbrook Theatre on Sunday 13th December. It will be held at the Glenbrook Theatre and will be a private viewing for Rotarians and their friends of the award nominated film "Julie and Julia", to be preceded by partaking of light finger food and refreshments, all included in the cost of \$25 a head Children go free -3 per family under the age of 16 - supervised by their Rotarian grandparents or Rotarian parents. The proceeds of this night will go to the District Governor's favourite Charity. A cheque will be presented to the District Governor on the night.

Date. 13th December Cost. \$25

R.S.V.P. November 13th

Contact. Joy Unger 47354028

**A quote from our
Founder Paul Harris**

The nation that is supreme above all others during one age, will be eclipsed by another in the next age.

December is Family of Rotary Month

District Membership

**R.I. PRESIDENT JOHN KENNY
D.G. PAUL REID**

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***The Future Of Rotary Is In Your
Hands***

We're on the Web!

www.rotary9690.org.au

CHANGES TO DIRECTORY

We have become aware of a number of incorrect phone listings in the Directory. Should you wish your correct phone contact advised please send the correction to D.G. Paul and he will include it in the next issue of the District Newsletter.

District Governor's Calendar

President's Meeting December 4

A great quote from history

The strongest bond of human sympathy outside the family relation should be one uniting working people of all nations and tongues and kindred's.

Abraham Lincoln



| CLUB | 1-Jul-09 | Change | 30-Sep-09 |
|------------------------|-------------|-----------|-------------|
| Bankstown | 11 | | 11 |
| Blackheath | 16 | | 16 |
| Blacktown City | 53 | | 53 |
| Breakfast Point | 27 | -2 | 25 |
| Burwood | 43 | -1 | 42 |
| Cabramatta | 15 | 1 | 16 |
| Central Blue Mount | 23 | 1 | 24 |
| Chester Hill | 13 | -1 | 12 |
| Concord | 36 | 11 | 47 |
| Granville | 20 | -2 | 18 |
| Hawkesbury | 17 | 1 | 18 |
| Holroyd | 35 | | 35 |
| Katoomba | 22 | | 22 |
| Kurrajong/Nth Rich | 18 | | 18 |
| Liverpool | 30 | | 30 |
| Liverpool Greenway | 32 | -2 | 30 |
| Liverpool West | 25 | | 25 |
| Lower Blue Mount | 56 | | 56 |
| Mount Druitt | 18 | -1 | 17 |
| Nepean | 27 | 1 | 28 |
| Padstow | 43 | -2 | 41 |
| Parramatta | 27 | 1 | 28 |
| Parramatta City | 31 | 1 | 32 |
| Parramatta Daybreak | 15 | | 15 |
| Penrith | 34 | | 34 |
| Penrith Valley | 44 | | 44 |
| Prospect | 8 | 2 | 10 |
| Revesby Wirrimbirra | 0 | 20 | 20 |
| Richmond | 44 | -2 | 42 |
| Springwood | 33 | 1 | 34 |
| St. Mary's | 21 | -1 | 20 |
| Strathfield | 63 | -1 | 62 |
| Upper Blue Mount Sun | 20 | -1 | 19 |
| Wallacia/Mulgoa Valley | 12 | 2 | 14 |
| Wetherill Park | 34 | | 34 |
| Windsor | 39 | | 39 |
| Total | 1005 | 26 | 1031 |

Welcome our latest Rotarians

Congratulations and welcome to each of you. May your membership with your new clubs be exciting and full of great fellowship.

Nelma Galas - Blacktown City
20 Foundation Members - Revesby Wirrimbirra