



Rotary District 9690  
New South Wales, Australia

and



Rotary District 7820  
Eastern Canada

Group Study Exchange

25th February to 1<sup>st</sup> April 2010



INBOUND TEAM MANUAL



*D9690 and D7820 Group Study Exchange  
25 February – 1 April 2010*



**Rotary District 9690 NSW, Australia**

**Group Study Exchange Manual**

for

**Rotary District 7820**

**Eastern Canada**

**25<sup>th</sup> February – 1<sup>st</sup> April 2010**

**Team Leader – Bill Kendrick**

**Team Members**

Nicole Symonds-White

Amy Savoury

Adam Anderson

Cora Lee Dunbar

**District 9690 Governor – Paul Reid**

**District 9690 GSE Chairman – David Cook**

**District GSE Committee:**

Deputy Chair Graham Wilson, Alumni Chair Ivan Fedor

Dave Humphry, David Brown, Margaret Bain- Smith,

Laurie Waterson , Fiona McCulloch, David, Humphry, Trevor Duxbury,

Margaret Favelle. Owen Jeffress. Team Leader to D7820 David Ross



*Group Study Exchange is a Program of The Rotary Foundation of Rotary International*



*D9690 and D7820 Group Study Exchange  
25 February – 1 April 2010*



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**Welcome from the District Governor.**

It is with great pleasure that I welcome the Group Study Exchange team, leader Bill Kendrick, and team members Nicole Symonds-White, Amy Savoury, Adam Anderson and Cora Lee Dunbar from District 7820 Canada on behalf of all Rotarians and their partners in District 9690.

Julia & I have been eagerly awaiting this exchange since we were first in contact with your DG David & Deborah way back in January 2008. When we finally met them personally at the International Assembly in San Diego last January it was like meeting up with old friends and learning much about your District especially the “Anne of Green Gables” connection.



Our GSE committee and clubs have put together a program that will highlight what District 9690 has to offer and I am confident that the your team will derive great benefit and enjoyment from the planned activities and vocational program. District 9690 is a small but varied district in its physical characteristics, demographics, commerce and industry. It comprises Western Sydney, the world heritage Blue Mountains, Sydney’s Olympic precinct and the gateway to the Western Plains. Western Sydney is a multicultural area with a strong commercial, industrial and educational base. It contains Australia’s second-oldest settlement, Parramatta, and was home to the Sydney 2000 Olympics. The Blue Mountains offers magnificent scenery and charming villages.

I am sure that the team will be dynamic and friendly ambassadors of your district and will be warmly welcomed by the members of District 9690 and their families. We are looking forward to experiencing your presentations as you progress through our District and to your appearance at our District Conference at Forster in March 2010.

I know that our team, of leader David Ross, Catherine Thomson, Colin Wilkes, Shannon Tonkin and Suzanne Wright, is looking forward to visiting District 7820 later in the year.

Julia and I are looking forward to sharing our Aussie way of life, our homes and vocations with you and hope that you will have a most memorable time during your stay in District 9690.

Paul and Julia Reid  
Governor, District 9690

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**Welcome from GSE Committee Chair**

On behalf of D9690's clubs and 1000 members I would like to welcome you to your Group Study Exchange experience here in New South Wales, Australia. The District GSE committee and I look forward to a time of great fellowship and we trust you also gain from the vocational visits we have arranged.

Governor Paul mentions his contact with Governor David and the unique set of circumstances surrounding the two districts. Carolyn and I met (or literally bumped into) David Muise on our last day in Birmingham and we are looking forward to catching up again in Montreal where we will attend the International Fellowship of Daves. I think we should also invite David Ross who will be leading our team to D7820 in May.



You will find our two districts are poles apart in a lot of ways, both with regard Rotary and geography, yet very close in many others, socially and historically. We think you will fall in love with "our" Sydney (the younger of the two), and enjoy some true Australian hospitality and Commonwealth bonding while you are here. We appreciate the research you have done with vocational interests and we have tried to pay attention to that so that you have a rewarding experience.

You will see that our district is quite small but you will be very busy getting around. Your host clubs all look forward to seeing and hearing your presentation. We have allowed time in the program for you to rest a bit and catch your breath with some personal time. Your visit to Forster on the New South Wales mid-north coast for our District Convention should be one of the highlights.

Please do not hesitate to contact me or any of the other contacts listed in this manual should you require help in any way. Please also let your hosts be aware of special needs or any adjustment to the schedule that might be necessary.

Kind regards and may this GSE experience be the beginning of some great new friendships, and continuing Rotary involvement

David and Carolyn Cook  
District Governor Nominee  
GSE Chair, 2009-2010



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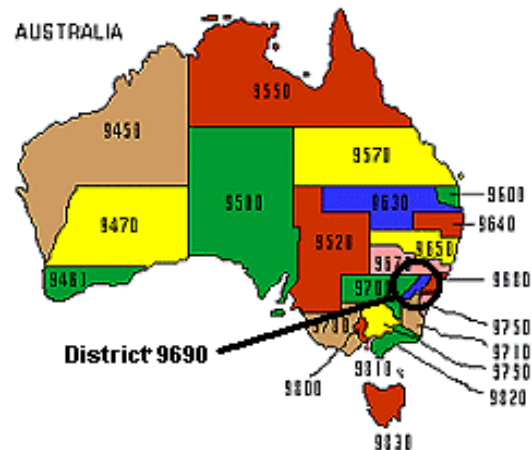


## Rotary District 9690 Profile

### Background

Rotary District 9690 - one of 530 districts worldwide - includes 36 clubs with a total membership of around 1050 and centres on the western suburbs of Sydney

A compact area of only 6,500 square kilometres, District 9690 extends from the inner suburbs of Sydney - Australia's first and largest city which is also capital of the State of New South Wales, over the beautiful Blue Mountains to the coal mining town of Lithgow. Windsor and Liverpool, only 50 kilometres apart, provide the northern and southern extremities respectively.



Homebush, site of the Sydney 2000 Olympic Games, is located near the eastern end of the District, with its legacy being the many modern sporting facilities that are regularly used for both local & international events. There are many other top class sporting facilities within District 9690 - including Rosehill Gardens Racecourse (home of the famous Golden Slipper race for two year old horses), Parramatta Football Stadium, Eastern Creek Motor Raceway and the International Rowing Centre

Sydney's western suburbs include many major residential areas, along with high density industrial and commercial complexes. West of major housing areas, there is a concentration of market gardens and small farming blocks. Across the Blue Mountains and to Lithgow and surrounds, there are larger farm holdings and several major coal mines.

### History

Sydney is situated on Port Jackson (or Sydney Harbour) and is widely acclaimed as one of the world's most beautiful harbours. It was settled in February 1788, as a British penal colony. In November of that year, an estuary of the harbour now known as the Parramatta River was explored and a second town established at Parramatta - which is located in District 9690 and is thus the second oldest settlement in Australia. For a time in the early part of the 19th Century, Parramatta was the seat of government and Old Government House remains one of the oldest public buildings in Australia.

In the early days of the colony food was in short supply and farms were established at Strathfield, Rosehill, Parramatta and Windsor, all within the current boundaries of District 9690. The Blue Mountains were a beautiful but forbidding barrier to the fertile farming land of NSW's western plains, until a way was found across in 1815. Today, the Blue Mountains is a major tourist area only one and a half hours drive from Sydney.



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The first railway in the colony was opened in 1855 and operated between Sydney and Parramatta. One of the intermediate stops at Homebush serviced the race course which was the headquarters of horse racing between 1841 and 1860.

NSW's major abattoirs were situated at Homebush from 1915 until recently, and since 1975, the Sydney Farm Produce Market has occupied part of the old abattoirs site at Flemington. Within the district is Rookwood Cemetery, the largest cemetery in Australia and the second largest in the Southern Hemisphere. St. John's Cemetery at Parramatta is the oldest public cemetery in Australia.

### **Community Service Projects**

Each Rotary club in District 9690 determines its own projects and activities to meet local circumstances and needs - and the benefits are widespread. From citizenship awards for primary school children and special road safety initiatives, to sponsored Christmas parties for senior citizens and a hydro therapy pool for a district hospital, clubs in District 9690 are always finding innovative ways to improve the quality of life in their respective communities.

Most clubs in District 9690 combined resources to raise almost \$400,000 for the Rotary Wing of the new Children's Hospital built at Westmead on the western fringe of Parramatta.

Many Rotary clubs throughout the District place great importance on the sponsoring of Probus clubs - special fellowship clubs for retired business and professional people. One of the fastest growing organisations in the ANZO Region, there are now more than 130,000 members of Probus throughout Australia and New Zealand.

### **Vocational Service**

Many clubs throughout District 9690 support the principle of improved ethics and standards in business and industry with special vocational awards nights each year, at which time many people from all walks of life are honoured for outstanding service in their vocation. Several District clubs conduct careers nights, in conjunction with local high schools and parents and citizens associations.

A newer program taken up by many clubs is Police Officer of the Year. This is also being extended now by some clubs to include Emergency Officer of the Year.

Clubs select students to participate in a number of science and engineering summer schools.



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### **International Service**

There is considerable support for The Rotary Foundation of Rotary International in District 9690. Many clubs are involved in FAIM projects, which involves voluntary service in the provisions of buildings and facilities in third world countries, and Donations in Kind projects under the banner of Rotary Australia World Community Service.

District Clubs have collected donations of valuable hospital and school equipment to fill containers for transport to needy third world countries.

Clubs have been strong supporters of the Rotary International Youth Exchange and Group Study Exchange programs for many years.

In youth exchange programs unique to the ANZO Region, clubs have also been very supportive of short term (three month) “matched twin” exchanges involving secondary school students in Australia and New Zealand; and PACE (Pacific Australia Cultural Exchange) between students in Australia and the countries of the South West Pacific.

Almost without exception, Rotary clubs in District 9690 and around Australia have lent unstinting support to Rotary International’s PolioPlus program. Clubs are now actively involved in a special “Awareness” program to urge young families to continue vital immunisation of infants, even in seemingly “safe” areas.

In recent times ShelterBox has grown in its popularity with clubs in the District. After devastating tsunamis in the South Pacific and South East Asia hundreds of ShelterBoxes were transported from Australia. Rotaract and Youth Exchange students also participate in raising funds for this worthwhile cause.

### **Youth Service**

Most clubs in District 9690 support the annual RYLA (Rotary Youth Leadership Awards and send young people to a week long camp at Blue Gum Lodge on the outskirts of Springwood in the Lower Blue Mountains. This is a very popular program and has opened the way for establishment of RYPEN (Rotary Youth Program of Enrichment) for younger members of the community. RYPEN is a similar motivational style program but is aimed at young people who might not have previously had opportunity for special personal development education.

The recent charter of new Rotaract Clubs within the District has provided the inspiration for the revitalisation of Rotaract. Interact is also active in District 9690 with a new club chartered in Granville in 2009.

One of the newest youth programs in Rotary, MUNA (Model United Nations Assembly) is also strong in District 9690 with over 30 teams from various High Schools throughout the area taking part each year. The teams represent the nations of the world and debate current international issues.

The annual ROYA (Recognition of Youth Award) competition is unique to District 9690 and attracts support from a majority of clubs. The competition encourages recognition of outstanding young citizens of junior and senior high school age.

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**Your Itinerary**  
**Thursday 25 February to Thursday 1 April 2010**

<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Thursday 25 February</b>	<b>Team commences GSE to Australia with Parramatta City Rotary Club</b>		
Parramatta City	Morning Arrival Time 10.15AM Met at Sydney Airport by Parramatta City RC GSE Chairman's welcome briefing Possible tour of Eastern Sydney, Watsons Bay	Afternoon Team members taken home to settle in and rest from journey	Evening With host families
<b>Friday 26 February</b>	<b>Cultural Day</b>		
Parramatta City	Morning Welcome Reception – Parramatta City Council / Chamber of Commerce	Afternoon Tour of Parramatta area historic sites Afternoon Tea at Rotary Down Under, Parramatta	Evening With host families
<b>Saturday 27 February</b>	<b>Cultural Day</b>		
Parramatta City	Morning 9.00am to 5.00pm Sydney Harbour Cruise with OUTBOUND team	Afternoon Harbour Cruise contd. City Walk at The Rocks, Sydney Cove	Evening Dinner in China Town, Central Sydney or The Rocks, Sydney Cove with host families and friends
<b>Sunday 28 February</b>	<b>Cultural and Recreation Day</b>		
Parramatta City	Morning Optional activities – Hillsong Church, shopping or relax with hosts	Afternoon Visit to and tour of Olympic Park precinct	Evening Aussie BBQ at Waterside Development, Homebush Bay with Parramatta City RC



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Monday 1 March</b>	<b>Vocational Day and PRESENTATION</b>		
Parramatta City	Morning Bill – ABC Studios Nicole – Strathfield Girls High School – Duke of Edinburgh (outbound Cate Thomson) Amy – Hungerford Hill Estate Winery Adam – Forestry at Pennant Hills Cora Lee – Moore Stephens (Johnny Ching)	Afternoon  Vocational visit to conclude in time for preparation for evening presentation	Evening 6.30pm – GSE / ALUMNI Dinner to be held at Parramatta Leagues Club, O’Connell St, Parramatta  <b>TEAM            PRESENTATION</b>
<b>Tuesday 2 March</b>	<b>Transfer to Blacktown City RC and PRESENTATION</b>		
Blacktown City	Morning 11.00am Handover from Parramatta City Offices of David Ross 8-10 Palmer Street Parramatta 12.00 Lunch	Afternoon Free with hosts – Shopping / resting	Evening 6.30pm  Rotary Club of Blacktown City <b>TEAM            PRESENTATION</b>
<b>Wednesday 3 March</b>	<b>Cultural Day</b>		
Blacktown City	Morning 10.00am Mayoral reception – Blacktown City Council 12.00 Lunch	Afternoon 1.00pm Visit to Featherdale Wildlife Park, Doonside	Evening With Hosts
<b>Thursday 4 March</b>	<b>Vocational Day</b>		
Blacktown City	Morning 9.00am Blacktown or Nirimba College TAFE 10.00am Individual Vocations Bill – Zignal Travels, Blacktown Nicole – Blacktown High School Amy – Royal Cricketers Arms Restaurant Adam – Blue Mountain National Park Cora Lee – Smartline Personal Mortgage Advisors, Blacktown	Afternoon  Vocations continue	Evening  With hosts



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Friday 5 March</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Liverpool Area Clubs</div>	<b>Transfer to Liverpool RC and Cultural Day</b>		
	Morning 9.00am Changeover from Blacktown City at Liverpool Catholic Club, Joadja Rd, Liverpool. 10.00am Leppington Pastoral Company, Leppington. 12.00 Lunch	Afternoon 1.15pm Flora International 3.00pm Return to Liverpool Catholic Club (possible tour of club)	Evening With hosts
<b>Saturday 6 March</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Liverpool Area Clubs</div>	<b>Cultural and Recreation Day</b>		
	Morning Free to wash and rest (or shop) 12.00 Combined clubs BBQ lunch	Afternoon Tour of Casula Powerhouse Art Centre	Evening With hosts
<b>Sunday 7 March</b> <b>Contact for the day is: Helen Syrmalis 0402 6650 105</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Liverpool Area Clubs</div>	<b>Day Trip to Central Coast</b>		
	Morning 9.00am Depart meeting place 11.00am Arrive at 199 Grand Parade Bonnells Bay	Afternoon ALL DAY Bonnells Bay, Lake Macquarie	Evening Return to host families (Amy to be taken to Mudgee and hosted for vocational day and returned to Liverpool on Monday evening 8 March)
<b>Monday 8 March</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Liverpool Area Clubs</div>	<b>Vocational Day</b>		
	Morning Bill – Hunts Comfort Inn Nicole – Newington College Amy – Robert Stein Winery, Mudgee Adam – Abbey Cypress Distributors, Revesby. Flight and visit to Coffs Harbour Mill Cora Lee – Business and Taxation Concepts	Afternoon  Vocations continue	Evening  With Hosts
<b>Tuesday 9 March</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Liverpool Area Clubs</div>	<b>Cultural Day and PRESENTATION</b>		
	Morning 10.00am Cabramatta Library, Canley Vale Temple and area tour 12.00 Lunch at Canley Vale	Afternoon  Free time for Group Meeting as required. Alternatively explore the Asian stores in Cabramatta.	Evening Combined Rotary meeting with FIVE Clubs, Liverpool Catholic Club  <b>TEAM PRESENTATION</b>



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Wednesday 10 March</b>	<b>Day Trip to South Coast</b>		
Liverpool Area Clubs	Morning 9.00am meet for day trip to South Coast via Sea Cliff Bridge 12.30pm Lunch at Scarborough Hotel	Afternoon  Explore Wollongong and environs. Return via inland route.	Evening With Hosts
<b>Thursday 11 March</b>	<b>Transfer to Upper Blue Mountains RC and Cultural Day</b>		
Upper Blue Mountains Clubs	Morning 9.00 Changeover from Liverpool at Panthers, Penrith Travel to Upper Blue Mountains via Tourist Information Centre, Glenbrook	Afternoon Blue Mountains Movie at The Edge Cinema	Evening  Joint Meeting with Upper Blue Mountains Clubs at Blackheath Golf Club <b>TEAM PRESENTATION</b>
<b>Friday 12 March</b>	<b>Vocational Day</b>		
Upper Blue Mountains Clubs	Morning Whole team to visit Blue Mountains Tourism and Blue Mountains Grammar School – various sub vocations within.	Afternoon Whole team to Mt Piper Power Station Lunch/ Business systems/ Environmental Tour includes BioMass Plant	Evening  With hosts
<b>Saturday 13 March</b>	<b>Day trip</b>		
Upper Blue Mountains Clubs	Morning ALL DAY Visit to Jenolan Caves	Afternoon Jenolan Caves continues	Evening BBQ Dinner then return to host families
<b>Sunday 14 March</b>	<b>Recreation</b>		
Upper Blue Mountains Clubs	Morning Relaxation / Spiritual	Afternoon Possible visit to local winery	Evening With hosts
<b>Monday 15 March</b>	<b>Cultural Day and Transfer to St Marys RC</b>		
St Marys and Mt Drutt	Morning Visit to Katoomba for Three Sisters and Scenic World attractions	Afternoon 1.00pm Transfer to St Marys  3.30 pm White Water Rafting at Penrith International Regatta Centre	Evening  With new host families



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Tuesday 16 March</b>	<b>Vocational Day and PRESENTATION</b>		
St Marys and Mt Druitt	Morning Bill and Amy – Panthers and Penrith Tourist Office Nicole – St Pauls Grammar School Adam – WB Jones , Stairway Mfg Cora Lee – Nova Employment Services, St Marys	Afternoon  Vocational Day continues	Evening Combined meeting with St Marys and Mt Druitt Clubs  <b>TEAM PRESENTATION</b>
<b>Wednesday 17 March</b>	<b>MID GSE BREAK</b>		
St Marys and Mt Druitt	Morning Transfer to holiday cottage at 151 Avoca Drive Avoca NSW 2577  Contact: John Duckworth	Afternoon  Visit to Tyrrell's Winery, Hunter Valley	Evening Evening together in Holiday Cottage
<b>Thursday 18 March</b>	<b>MID GSE BREAK</b>		
St Marys and Mt Druitt	Morning AVOCA BEACH Rest and Recreation	Afternoon AVOCA BEACH  Prepare for Conference presentation	Evening Evening together in Holiday Cottage
<b>Friday 19 March</b>	<b>Transfer to District 9690 Conference, Forster NSW - PRESENTATION</b>		
St Marys and Mt Druitt	Morning Travel to District Conference with St Marys Club	Afternoon DISTRICT CONFERENCE Registration and Conference Activities	Evening <b>DISTRICT CONFERENCE TEAM PRESENTATION</b>
<b>Saturday 20 March</b>	<b>District 9690 Conference, Forster NSW</b>		
St Marys and Mt Druitt Burwood and	Morning Conference and/or local activities	Afternoon Conference Activities or free time at the beach	Evening Conference Event Circus themed dinner and dance
<b>Sunday 21 March</b>	<b>District 9690 Conference and Transfer to Burwood/Concord RCs</b>		
Burwood and Concord	Morning Conference activities Outbound team presentation	Afternoon Return to Sydney with Burwood RC	Evening  With new host families



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<p><b>Monday 22 March</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 20px auto;">Burwood and Concord</div>	<b>Cultural Day and PRESENTATION</b>		
	<p>Morning 8.00am BridgeClimb, Cumberland St, The Rocks</p>	<p>Afternoon Opera House Tour and Circular Quay precinct</p>	<p>Evening Joint meeting with Burwood and Concord Clubs, Concord Golf Club. <b>TEAM PRESENTATION</b></p>
<p><b>Tuesday 23 March</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 20px auto;">Burwood and Concord</div>	<b>Vocational and Cultural Day</b>		
	<p>Morning Vocational visits Bill – Discussions with B&amp;B owners (TBC) Nicole – Meriden Girls High School, Strathfield (Interact) Contact Principal Julie Greenhouse 9752 9444 Amy – Sydney Convention Centre. Adam – South Coast forestry visit with John Mansour (Burwood Rotarian) Cora Lee – Theo Kapaleris, Accountant</p>	<p>Afternoon 3.00pm Bondi Beach sightseeing and surf swim</p>	<p>Evening Dinner at Bondi Icebergs Club, Marine Pde, Bondi.</p>
<p><b>Wednesday 24 March</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 20px auto;">Burwood and Concord</div>	<b>Cultural and Recreation Day</b>		
	<p>Morning 10.00am Team meets for departure for Taronga Zoo visit. Ferry from Circular Quay at 11.45am</p>	<p>Afternoon Taronga Park Zoo 4:00pm Ferry from Taronga Park Zoo 5:45pm return to host families</p>	<p>Evening  With Hosts</p>



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Thursday 25 March</b>	<b>Vocational Day</b>		
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">Burwood and Concord</div>	<b>Morning</b>  Bill – Meet with Don Morris, ex Chairman of Australian Tourist Commission; Possible meeting with Canadian Tourist Commission TBC Nicole – Our Lady of Mercy College, Parramatta Adam – Sam Helou, Timber Trader and Pallet Manufacturer Amy – Roger Guerin, Concord RC and Wine Expert Cora Lee – Phil Mccarthy, Accountant	<b>Afternoon</b>  Vocational visits continue  Adam – 12.00 noon Visit with Dean of Agriculture, Sydney University	<b>Evening</b>  Social BBQ with hosts
<b>Friday 26 March</b>	<b>Transfer to Hawkesbury RC and Cultural Day</b>		
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">Hawkesbury Area Clubs</div>	<b>Morning</b> 9.00 am Transfer from Burwood McDonald's Blacktown. Meet with new hosts	<b>Afternoon</b> Local area orientation and history	<b>Evening</b> 5.30 pm Civic Reception Hawkesbury Shire Council. Team members, hosts, area club presidents
<b>Saturday 27 March</b>	<b>Cultural Day</b>		
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">Hawkesbury Area Clubs</div>	<b>Morning</b> Coach trip - Farm Gate Trail, History Tour, Ebenezer Church. Lunch	<b>Afternoon</b> Day trip continues	<b>Evening</b> Social BBQ with host clubs
<b>Sunday 28 March</b>	<b>Cultural and Recreation Day and PRESENTATION</b>		
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">Hawkesbury Area Clubs</div>	<b>Morning</b> Free with Hosts – Suggested time to visit Windsor Mall, Museum, Art Gallery as individuals or combined	<b>Afternoon</b> Free with Hosts – Suggested time to visit Windsor Mall, Museum, Art Gallery as individuals or combined	<b>Evening</b> Combined Clubs Dinner at Tebbutts Restaurant, Windsor <b>TEAM PRESENTATION</b>



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<b>Date/Host Rotary Club</b>	<b>Details</b>		
<b>Monday 29 March</b>	<b>Vocational Day</b>		
Hawkesbury Area Clubs	<p>Morning Bill and Amy – Hunter Valley wineries and restaurants Nicole – AM Colo High School Adam – Boral Timbers, Oberon Cora Lee – Various: G Kuipers Fire Brigade Engineering; J Kelly Storage; H Grange Compost and Mulch</p>	<p>Afternoon Vocational visits continue  Nicole – PM Kurrajong Public School</p>	<p>Evening With hosts</p>
<b>Tuesday 30 March</b>	<b>Transfer to Lower Blue Mountains RC and PRESENTATION</b>		
Lower Blue Mountains	<p>Morning 10.00 am Transfer from Hawkesbury to Lower Blue Mountains RC 10.00am Aboriginal Cultural Centre – Miru Mittigar, Penrith Lakes</p>	<p>Afternoon DEBRIEF meeting with GSE Chair  Time to prepare for FINAL Presentation  Possible lawn bowls Glenbrook Bowling Club</p>	<p>Evening Farewell District 9690 Dinner RC of Lower Blue Mountains, Leonay Sports Club  <b>TEAM PRESENTATION</b></p>
<b>Wednesday 31 March</b>	<b>Canberra Day Trip</b>		
Lower Blue Mountains	<p>Morning 7.00 am Early start for nation's capital city, Canberra, ACT Breakfast at Sutton Forest 10.30 am Arrive Canberra, visit Parliament House and Tourist venues</p>	<p>Afternoon Lunch by the lake then more tourist venues. eg Australian Museum, National Galley, Australian War Memorial Depart Canberra approx 4.00pm for 4hr return journey</p>	<p>Evening  Dinner at Goulburn café  Arrive home to hosts at 8.00pm  Prepare and pack for departure</p>
<b>Thursday 1 April</b>	<b>Return Home</b>		
Lower Blue Mountains	<p>Morning Bill, Amy, Cora-Lee and Nicole 7.00AM Leave for early departure from Sydney Airport 11.25AM flight  Adam continues private hosting.</p>	<p>Afternoon</p>	<p>Evening</p>
<b>Friday 2 April</b>	<b>GOOD FRIDAY - PUBLIC HOLIDAY</b>		



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## Emergency Contacts

For details contact D9690 GSE Chairman David Cook  
drcook@ozemail.com.au

Role	Name	Telephone	E-Mail
D9690 GSE Chairman	David Cook		drcook@ozemail.com.au
D9690 GSE Deputy Chairman	Graham Wilson		
D9690 GSE Outbound Team Leader	David Ross		
D9690 GSE Committee Secretary	Fiona McCulloch		

**In the case of urgent attention telephone 000 for emergency assistance from the Police, Ambulance or Fire Brigade.**

If non urgent assistance is required speak to your host family in the first instance or contact one of the above or a member of the GSE committee shown on page 21.

## Our Visiting Team Contact Details

For details contact D9690 GSE Chairman David Cook  
drcook@ozemail.com.au

Team Member	Email Address
Bill Kendrick (Team Leader)	
Nicole Symonds-White	
Adam Anderson	
Amy Savoury	
Cora Lee Dunbar	



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## Your Host Families

For details contact D9690 GSE Chairman David Cook  
drcook@ozemail.com.au

Team Member	Hosts	Telephone	e-mail
	<b>25 February to 1 March 2010 - Parramatta City</b>		
	<b>2 March to 4 March 2010 – Blacktown City</b>		
	<b>5 March to 10 March – Combined Liverpool, Cabramatta, Wetherill Park</b>		
	<b>11 March to 14 March 2010 – Upper Blue Mountains</b>		
	<b>15 March to 18 March 2010 – St Marys, Mt DrUITT</b>		
	<b>19 March to 20 March 2010 – District Conference</b>		
	<b>21 March to 25 March 2010 – Burwood and Concord</b>		
	<b>26 March to 29 March 2010 – Hawkesbury Clubs</b>		
	<b>30 March to 31 March 2010 – Lower Blue Mountains</b>		



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## **Information for Host Families**

The following guidelines have been provided to assist both host families and team members to make the most out of the exchange.

1. Host families will contribute much to the comfort of the GSE team they host if they ask on arrival of the team about laundry, dry cleaning and other needs. Ask about food restrictions and personal habits such as smoking and between you, work out a mutual understanding.
2. The team members are both our guests and our responsibility. They should be treated as you would treat any other member of your family.
3. Please provide breakfast and dinner each day and any other meals unless their itinerary indicates that other plans have been made.
4. You will be requested to take them to agreed meeting points and times each day and may also be asked to pick them up from a predetermined location.
5. Hosts should recognize that members of the GSE team are mature, well established business and professional people.
6. On free days hosts should always ask the team member what they would like to do, or give them a choice of activities. They may wish to rest or have a quiet day. Please resist the temptation to schedule additional activities in free time because their exchange is normally very hectic and the free days are scheduled so that they are able to have a bit of R & R before continuing on.
7. Hosts should try to operate their homes as normally as possible. Some major benefits are gained by the team members in finding out how different families operate. This is one of the great learning adventures of this exchange.
8. Hosts should take the opportunity to learn first hand about another country. Take advantage of this once in a lifetime opportunity.
9. Please provide the opportunity for the team member to observe religious beliefs if requested.
10. Hosts are encouraged to find social situations in which the team member can be involved providing it does not interfere too much with their scheduled rest time.
11. This is your opportunity to share in the wonderful world of Rotary, International Understanding and Fellowship. You have taken on this great opportunity of being an ambassador of goodwill and friendship for Rotary International, your Rotary Club and your country.



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## **Australian Slang**

- arvo – short for afternoon
- barbie – short form of barbecue;
- barrack – to hoot or cheer in support of something, invariably a sporting team
- beaut – great, terrific
- bickie – biscuit.
- biffy - brawl or fist fight
- big bickies - a large sum of money, expensive, well-remunerated
- billy - a deep, round tin used to make tea (or used more generally for cooking)
- bloke - any male person.
- blue - brawl or an embarrassing mistake
- bloody – "the great Australian adjective / adverb". Roughly translates as "very".
- Bloody Oath – Used as an affirmative to a statement
- blowie – the common blow-fly
- bottle shop – a shop selling alcoholic drinks
- brekky – short for breakfast.
- Brunch -A late breakfast, usually eaten on weekends.
- buckley's –something which has little or no chance of success
- buggered – broken
- bung - not working, broken
- bushfire - wild forest fire
- bushwalking – hiking in the bush.
- cactus – non-functional
- chook – a chicken.
- Clayton's – not the real thing,
- crook – unwell; also unfair
- cuppa – a cup of tea or coffee.
- dead set – a certainty or an indisputable fact
- dinkum – honest, genuine,
- digger- an Australian soldier
- dob – to inform on.
- dogs eye - meat pie
- esky – portable cooler in plastic and/or polystyrene foam
- fair dinkum – see dinkum.
- fair enough – "I don't see a problem with that".
- fair go – request for a reasonable opportunity to complete a task,
- flat out – busy or moving as fast as possible
- flog - to sell something
  - to steal something
  - to treat something roughly
  - to assault someone
- footpath – any well-used walkway, but in particular a paved walkway running parallel to a street or road, and known in other countries as a sidewalk or pavement.
- Gander - to take a look at something
- Garage – see servo or where a car is housed
- g'day – the typical Aussie greeting, short for good day
- heaps - A lot of something;
- idiot box – a television set.
- Lamington – A cake covered with chocolate and coconut
- manchester – household linen.
- mate – Usually, a great friend. Sometimes used to address a person whose name is not known
- mozzie (or mozzy) – a short term for mosquito.
- no worries – used in place of you're welcome
- Oz – shortened form of Australia
- pav – pavlova, a large plate sized kind of meringue dessert, with cream and fruit topping.
- pinged – caught doing something wrong.
- ripper - Something that is excellent.
- roo - short for kangaroo
- rort – a scam
- sealed road – a road covered in bitumen, equivalent to paved road in British English.



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- servo – the accepted abbreviation for a service station. (The equivalent of a gas station in North America.)
- she'll be right - general pacifier indicating 'it will be okay'
- shonky – poorly made or of low quality. Also dishonest.
- sickie – a day of absence from work, sometimes due to feigned illness. To "chuck a sickie" is to partake in such a day.
- snag – sausage.
- sparky – electrician.
- spud – potato
- squiz – To have a look,
- sticks – in rural areas, away from the city and suburbs
- ta - thank you, derived from infant translation.
- thong – A backless sandal, usually made of plastic, the top section of which sits between the big and second toes
- too right – that is correct.
- true blue - Patriotic Australian
- ute – short for utility vehicle.
- wagon – station wagon
- wharfie – wharf labourer or stevedore.



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## District 9690 GSE Committee 2009-2010 - Contacts

For details contact D9690 GSE Chairman David Cook  
drcook@ozemail.com.au

Position	Name	Home	Mobile	E-mail
Chairman	<b>David Cook</b>			drcook@ozemail.com.au
Deputy Chairman	<b>Graham Wilson</b>			
Alumni Chairman	<b>Ivan Fedor</b>			
Secretary / Treasurer	<b>Fiona McCulloch</b>			
<b>Zone Co-ordinators</b>				
Region 1	<b>Laurie Waterson</b>			
Region 2	<b>Dave Humphry</b>			
Region 3	<b>David Brown</b>			
Region 4	<b>Margaret Favelle</b>			
	<b>Owen Jeffress</b>			
Region 5	<b>Margaret Bain-Smith</b>			
	<b>Trevor Duxbury</b>			
Team Leader	<b>David Ross</b>			
Reserve Team Leader	<b>Karalyn Brown</b>			



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## **Acknowledgements**

This visit is the result of the combined efforts of many Rotarians, Partners and Families, Rotary Clubs, participating businesses and friends.

We would also like to acknowledge and thank the following:

- DG Paul Reid
- D9690 GSE Committee
- Outbound Team Leader David Ross
- Reserve Outbound Team Leader Karalyn Brown
- The Rotary Clubs of D9690
- D9690 Conference Organising Committee
- Along with all the host families and others who have assisted in any way.